

2014 La Porte By the Bay Half Marathon Race Day Instructions

Welcome to the La Porte By the Bay Half Marathon hosted by Running Alliance Sport, and our generous sponsors! We thank you for your support!

Race Day: Sunday November 16, 2014

Race Start Time: 7:30 AM

Race Time Limit: Four (4) hours (strictly enforced)*

Race Start Location: Sylvan Beach (636 N. Bayshore Dr, LaPorte, TX 77571)

Race Finish Location: Five Points Plaza (201 S. Broadway, LaPorte, TX 77571) about 0.5 miles from Sylvan Beach

***Time limit is strictly enforced!** Bridge races involve special permission and cooperation by local authorities, police and emergency response, and impact motor vehicle traffic. In order to keep doing these races we must comply with the limits set by those agencies. Runners who are trailing far behind may not be allowed back on the bridge for their final loop. **Runners should be done with the turn around and heading back onto the Bridge by 9:50AM - that's 2 hours and 20 minutes from start time.**

Parking: Please allow yourself ample time to find a parking space and get to the race start area. Parking is available at **Sylvan Beach (start)**. Overflow parking will be at the high school across the street from the starting point at Sylvan Beach. Parking is very limited at the finish line (Five Points Plaza). **NOTE: Cars parked in the church's parking lot across from Five Point plaza will be towed.**

Race Timing System: We will be using IPICO timing system. The timing tag will be distributed in your race packet with your bib. Do not forget the timing tag on race morning. You will need to wear it on your shoe to receive an official finish time when you cross the finish line. If you forget your timing tag, race morning, you will need to pay \$10 to replace it. After the race, you do not need to return the tag. Instruction for attaching the timing tag is on the last page. Not wearing a tag will result in no finish time.

Packet Pickup and Race Day Registration: Race day packet pickup and race day registration (credit card accepted) are available from 6 AM-7:15 AM. Race day registration is available as long as there are slots open. However, shirt sizes and availability will be limited.

Bag Drop Off: We will have bag drop off at the start, where volunteers will tag your bag with your bib number and will bring your bag to the finish area. You can pick your bag up at the finish when you are done with the run.

Bibs: All participants must wear their bib on the front in a way so that course officials can see it. The bib is non-transferable. No official finishing time will be awarded if someone else is wearing your bib.

If you lose your bib or your chip or you forget them at home there will be a \$10 charge to reissue you a new bib or chip.

Course Description: Start at Sylvan Beach, travel through beautiful Main St. and Five Points Town Plaza of La Porte, get on 146 and cross the Fred Hartman Bridge into Baytown. You are more than half way done! Turn around and come back for a nice finish and great finish party at Five Points Plaza. Detailed course description can be found on the website. Map available online.

Water/Aid Stations: All stations will have at least water and Lemon Lime flavor Gatorade, some stations might have other goodies as well. Locations: Start and Finish, plus every 2 miles; NOTE: there will be no water stations on the Bridge!

Port-A-Johns: will be at Start/finish and all aid stations.

Course Markers: Visible mile markers will be positioned along the course. Volunteer course monitors will be positioned to provide help and directions along the course.

Finish line: Keep moving after you cross the finish line. Results will be posted onsite and also at the official website at www.laportebayhalfmarathon.org. Finisher's medal will be awarded just outside the finish shoot. **All finishers will receive a finisher's medal.** In addition, those who have completed the Texas Bridge Series will be awarded the series medal as well at that time.

Photography: Official race photographer Raceshots.net (<http://raceshots.net/>) will be on the course and at the finish.

Post Race Party: The post race party with food and refreshments will be at the finish line (Five Points Plaza).

Getting Back to Start Point: Transportation back to Sylvan Beach will be provided by City of La Porte, Durrett Motor Company, and The Bridge Over Troubled Water. Alternatively, many people walk back to the start point.

Race website: <http://www.laportebayhalfmarathon.org/>
Announcements and updates: <https://www.facebook.com/laportebayhalfmarathon>

Instructions on how to attach your IPICO Sport Tag to your shoe:

If you do not wear your IPICO Sport Tag properly, you will not get an official finishing time.

NO TAG, NO TIME!

DO attach your Sport Tag firmly to the top of your shoe.

DO NOT put your Sport Tag in your pocket or wear on your arm during the race.

After the race, your Sport Tag is disposable. You can keep them as a souvenir.

Step 1

Thread the wire twist ties under the laces.

Step 2

Thread the IPICO Sports Tag onto the wire twist ties.

Step 3

Secure the IPICO Sports Tag by twisting the wire twist ties firmly together.



